



Like Baskin-Robbins... Activated Sludge Has Many Flavors

Mike Tate, PE

Thursday, August 20, 2026



Presentation Summary

- Activated Sludge (AS) Wastewater Treatment means
 - Microorganisms suspended in, and mixed with wastewater via mixing and an aeration system
 - Suspended, aerated microorganisms called Mixed Liquor Suspended Solids (MLSS)
 - Break down organic matter
 - Around since the 1920s
 - Aeration system concurrently provides respiration needs for microorganisms and mixing
- How the air is delivered, number of tanks, recycling, etc.
 - Generates different *process names*
 - Complete mix
 - Oxidation ditch
 - SBR
 - Etc., etc., etc.
- We will talk about some of the major types (or *flavors*) of AS
 - What makes each different?
 - Advantages/disadvantages

Activated Sludge *Flavors*

Conventional A/S

1. Complete Mix
2. Plug Flow
3. Contact Stabilization
4. Step Aeration
5. Tapered Aeration
6. Extended Aeration
7. Oxidation Ditches
8. Carousel® Oxidation Ditch
9. Orbal® Oxidation Ditch
10. Vertical Loop Reactor
11. Sequencing Batch Reactors (SBRs)
12. Pure Oxygen
13. Integrated Fixed-Film Activated Sludge (IFAS)
14. Membrane Bioreactors (MBR)

Biological Nutrient Removal (BNR) A/S

15. Sequencing Batch Reactors (SBRs)
16. Anaerobic/Oxic (A/O)
17. MLE, (Modified Ludzack-Ettinger)
18. A2/O
19. Bardenpho (4-stage and 5-stage)
20. University of Cape Town (UCT)
21. Modified UCT
22. Johannesburg
23. Modified Johannesburg
24. Westbank

Biological Nutrient Removal (BNR) - Intensification

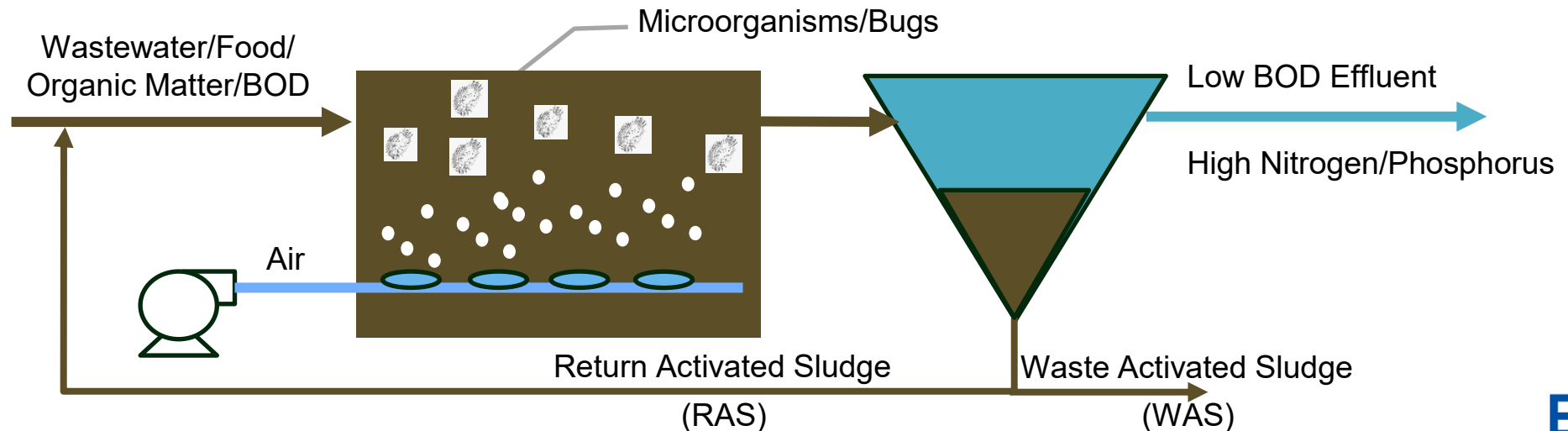
25. Densification
26. Granular
27. Membrane Aerated Biofilm Reactors (MABR)
28. Integrated Fixed-Film Activated Sludge (IFAS)

Conventional A/S

- What do I mean by *conventional* activated sludge?
 - Designed to achieve *secondary* treatment levels – 1970s
 - *Secondary Treatment* generally means carbon reduction (BOD or COD)
 - Federal Rule sets secondary treatment for processes like activated sludge as
 - BOD = 30 mg/L Monthly Average/45 mg/L Weekly Average
 - TSS = 30 mg/L Monthly Average/45 mg/L Weekly Average
 - pH = 6.0 to 9.0
 - 1980s – Designs to meet *advanced secondary* treatment levels
 - Not defined in rule, but term of art referring to secondary + *ammonia* reduction
 - 1990s – Designs for nutrient reduction
 - 2000s – Designs for intensification processes – BOD and nutrient

Conventional A/S – Meet Secondary Treatment

- Grow microorganisms that reduce organic matter in wastewater
 - If organic matter is not reduced significantly
 - Dissolved oxygen (DO) in the effluent receiving water will be impacted
 - Possibly killing fish/wildlife due to a lack of DO to survive
 - Organic matter generally expressed as Biochemical Oxygen Demand (BOD)
 - Food for the microorganisms (bugs)

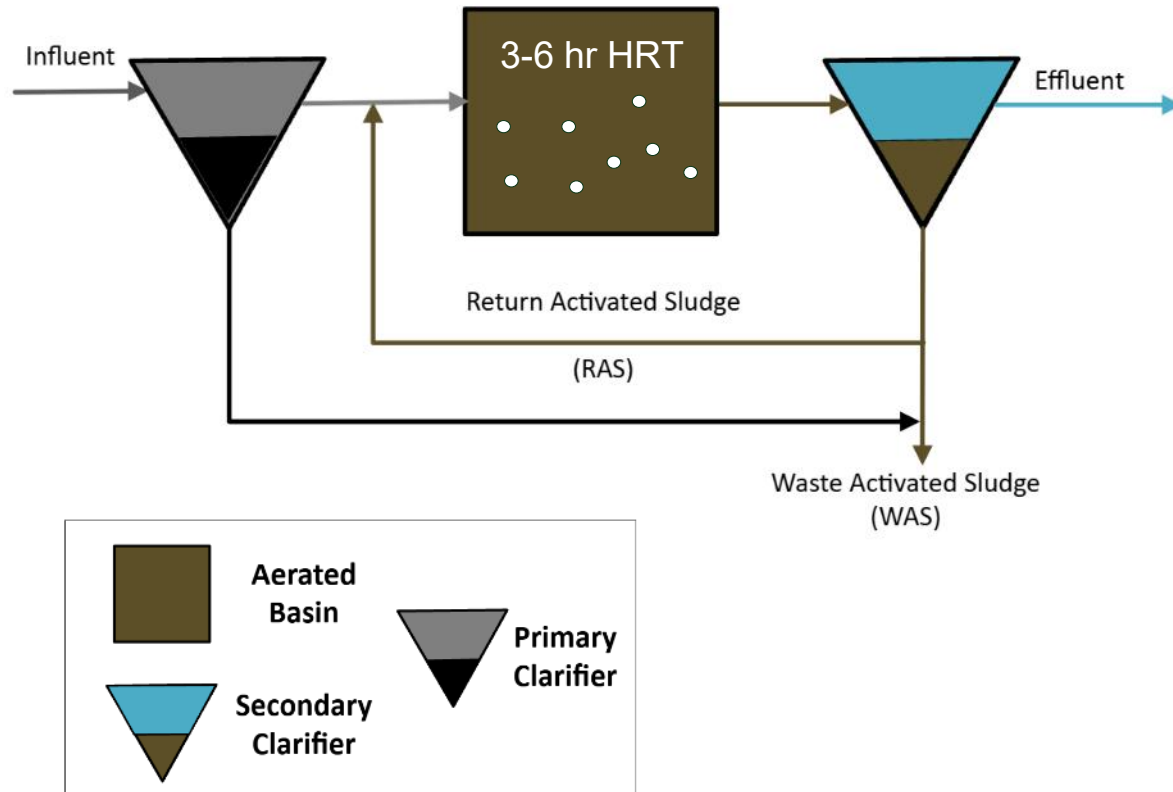


Conventional A/S – Meet Secondary Treatment



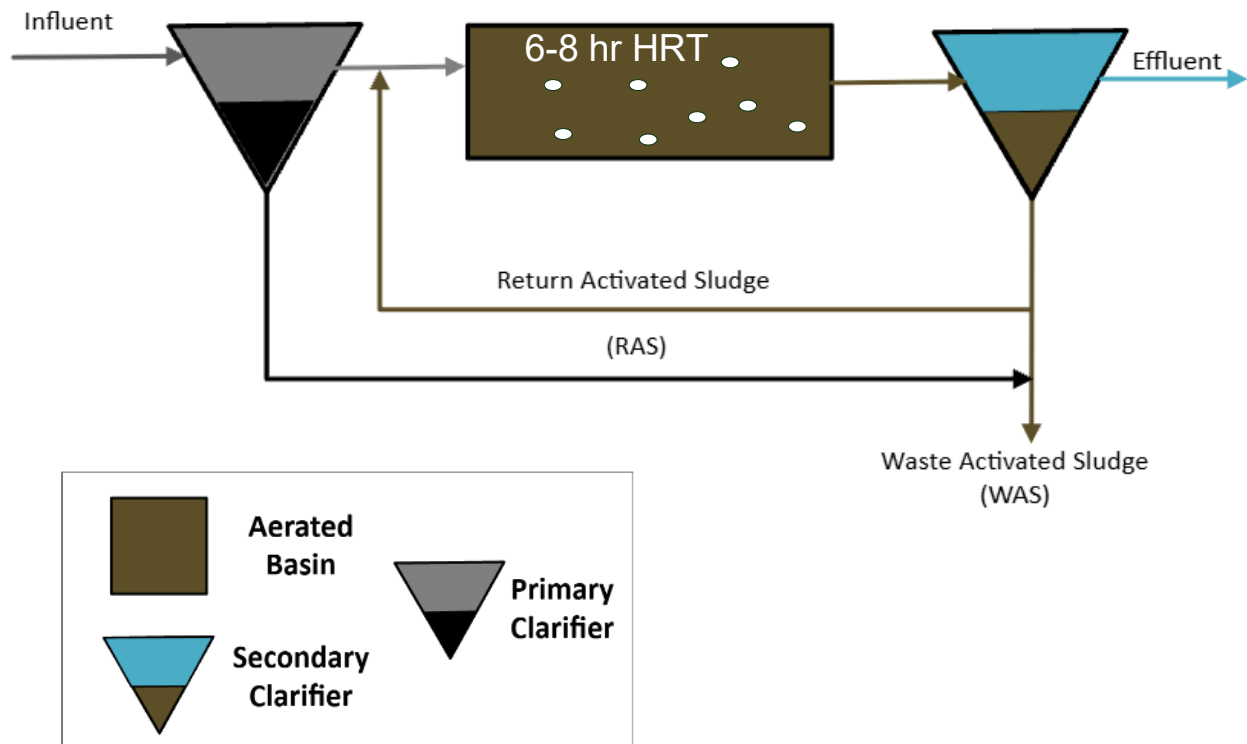
Like Baskin-Robbins...Activated Sludge Has Many Flavors

The Early Flavors – *Vanilla and Chocolate*



- Complete Mix
 - Immediately/Completely mix MLSS
 - Advantages
 - Small footprint
 - Meet Secondary Treatment requirements
 - Disadvantages
 - Need primary clarifier
 - Can be unstable
 - High energy consumption
 - Only treat BOD, not Nitrogen (N) or Phosphorus (P)

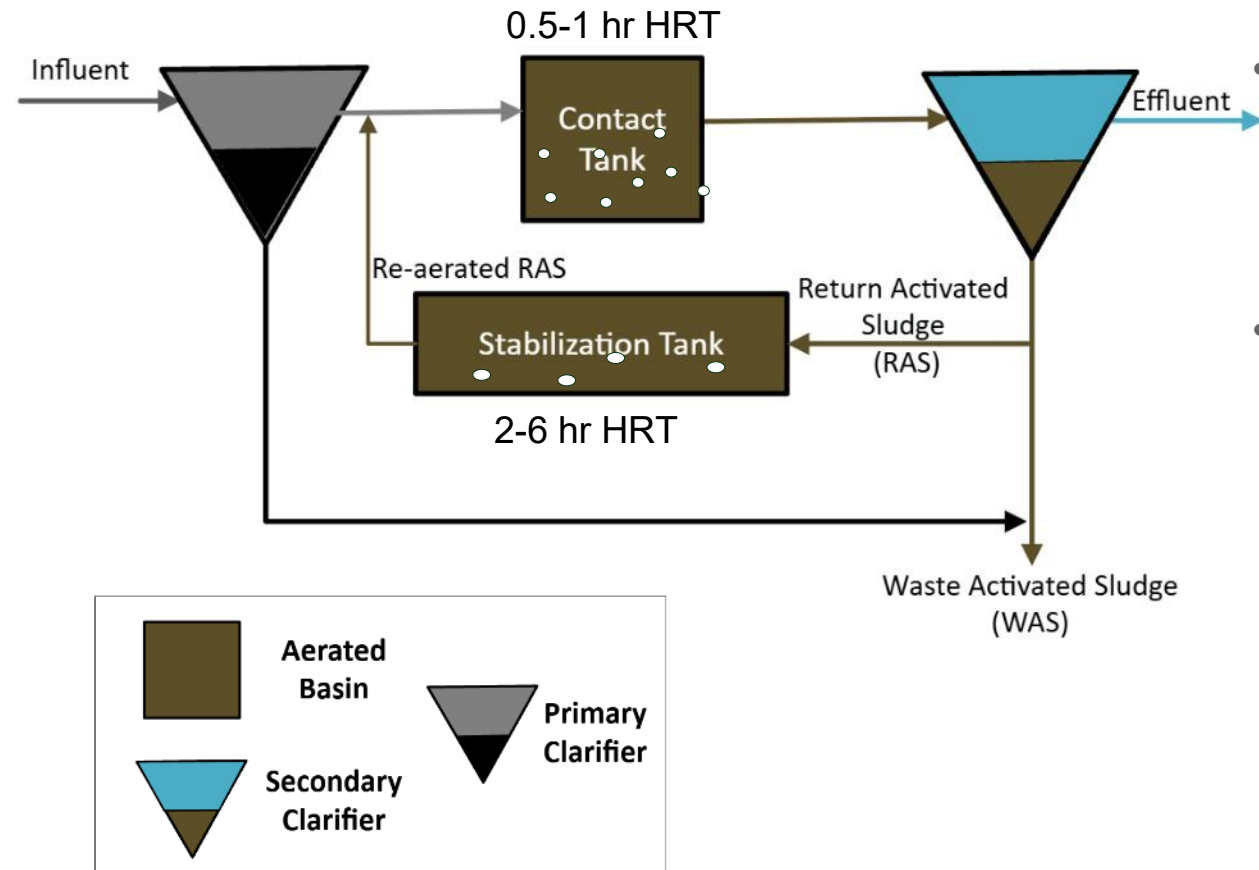
The Early Flavors – *Vanilla and Chocolate*



- Plug Flow

- Can reduce/taper aeration along basin
 - Energy savings
- Advantages
 - Small footprint
 - Some energy reduction
- Disadvantages
 - Need primary clarifier
 - Low DO in basin inlet can lead to filaments
 - Subject to failure due to toxic load
 - Only treat BOD
 - May get some incidental N or P reduction

The Early Flavors – *Vanilla and Chocolate*



• Contact Stabilization

• Immediately/Completely mix MLSS

- Short retention time in Contact Tank – adsorb soluble BOD
- Longer retention time in Stabilization Tank – stabilize BOD

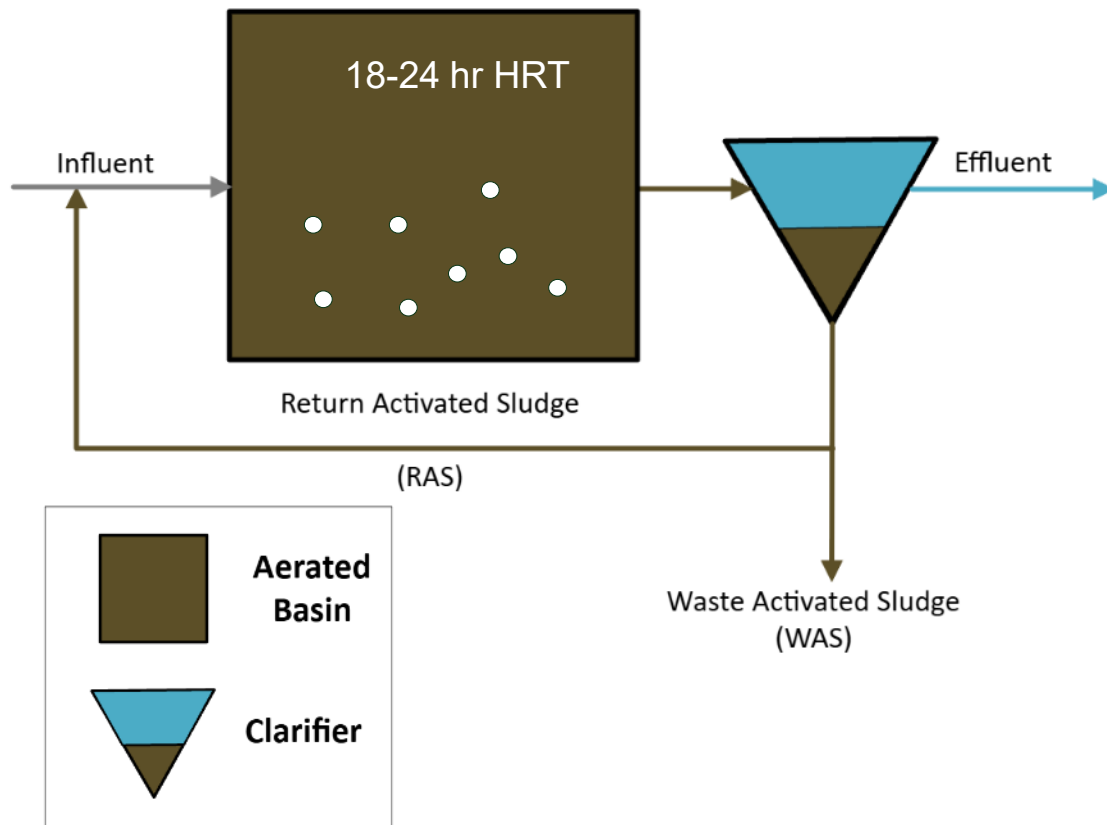
• Advantages

- Small footprint
- Energy reduction – small Contact Tank
- Works well in wet weather – high solids in Stab Tank

• Disadvantages

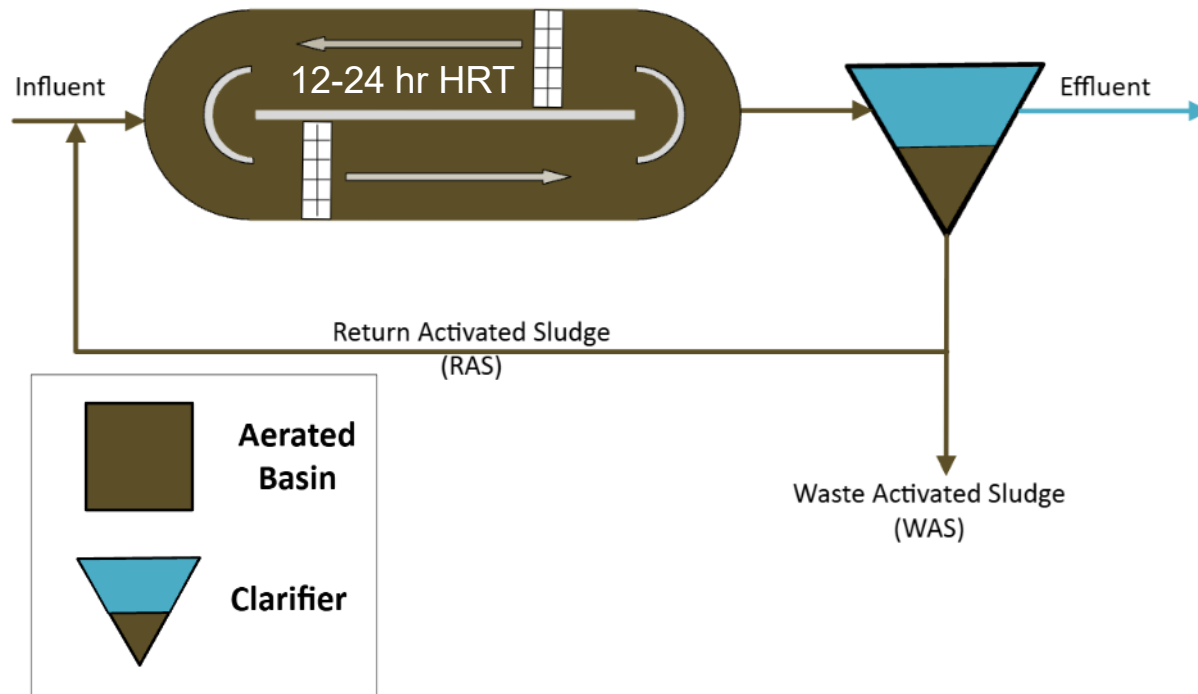
- Need primary clarifier
- More complex operation
- Only treat BOD
 - May get some incidental N or P reduction

The Early Flavors – *Vanilla and Chocolate*



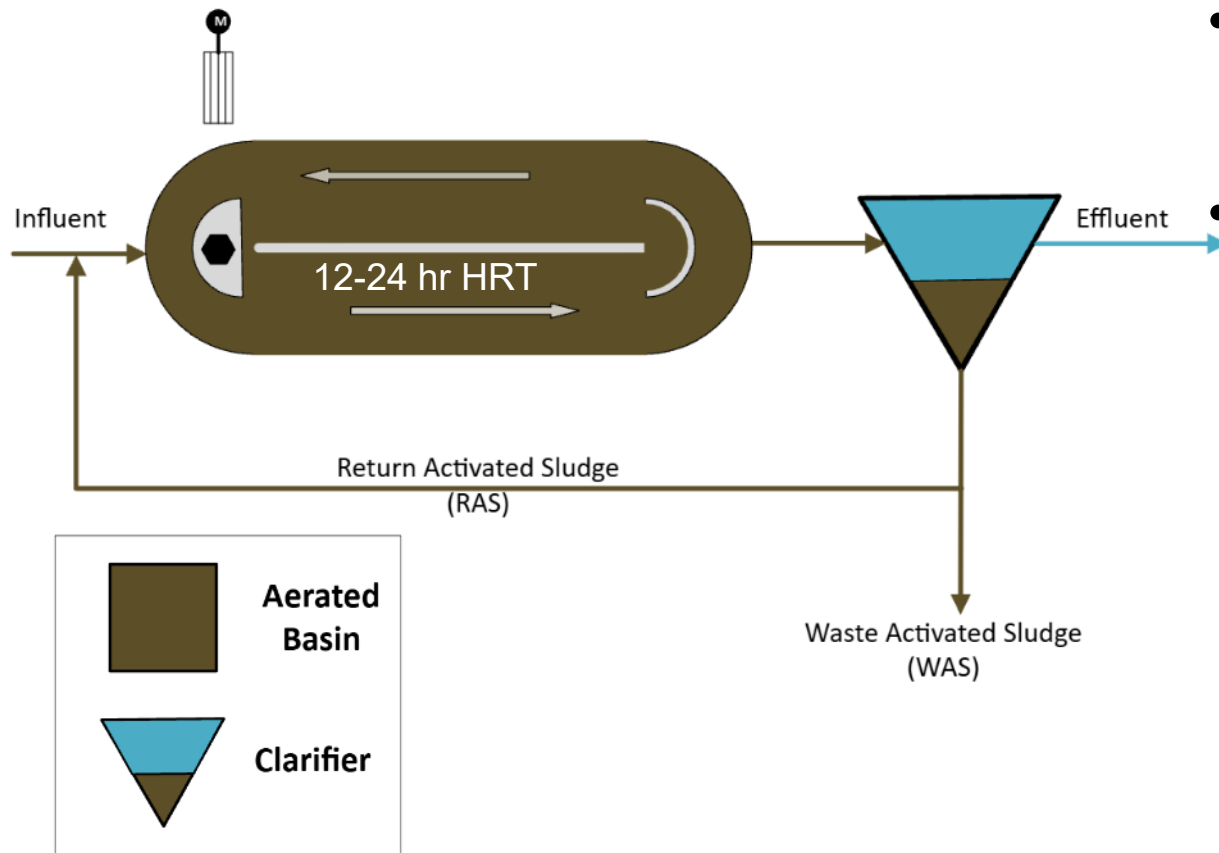
- Extended Aeration
 - Immediately/Completely mix MLSS
 - Long retention time – stabilize BOD
- Advantages
 - No primary clarifier
 - Less waste sludge/biosolids
 - Easy operation for smaller communities
 - Can reduce ammonia
- Disadvantages
 - Flows < 2 MGD
 - Not much opportunity for TN and TP reduction
 - Larger tank
 - More energy – more solids under aeration

The Early Flavors – *Vanilla & Chocolate w/Sprinkles*



- Oxidation Ditch
 - Air supplied by rotating brushes/discs
 - Extended retention time
- Advantages
 - No primary clarifier
 - Stable process
 - Easily operated/maintained
 - Aeration can be easily controlled
 - Allows for N and possibly P removal
- Disadvantages
 - Larger tank due to longer retention time
 - Somewhat higher energy
 - Longer sludge holding time – more air to keep active
 - Longer hydraulic retention time – more sludge to move

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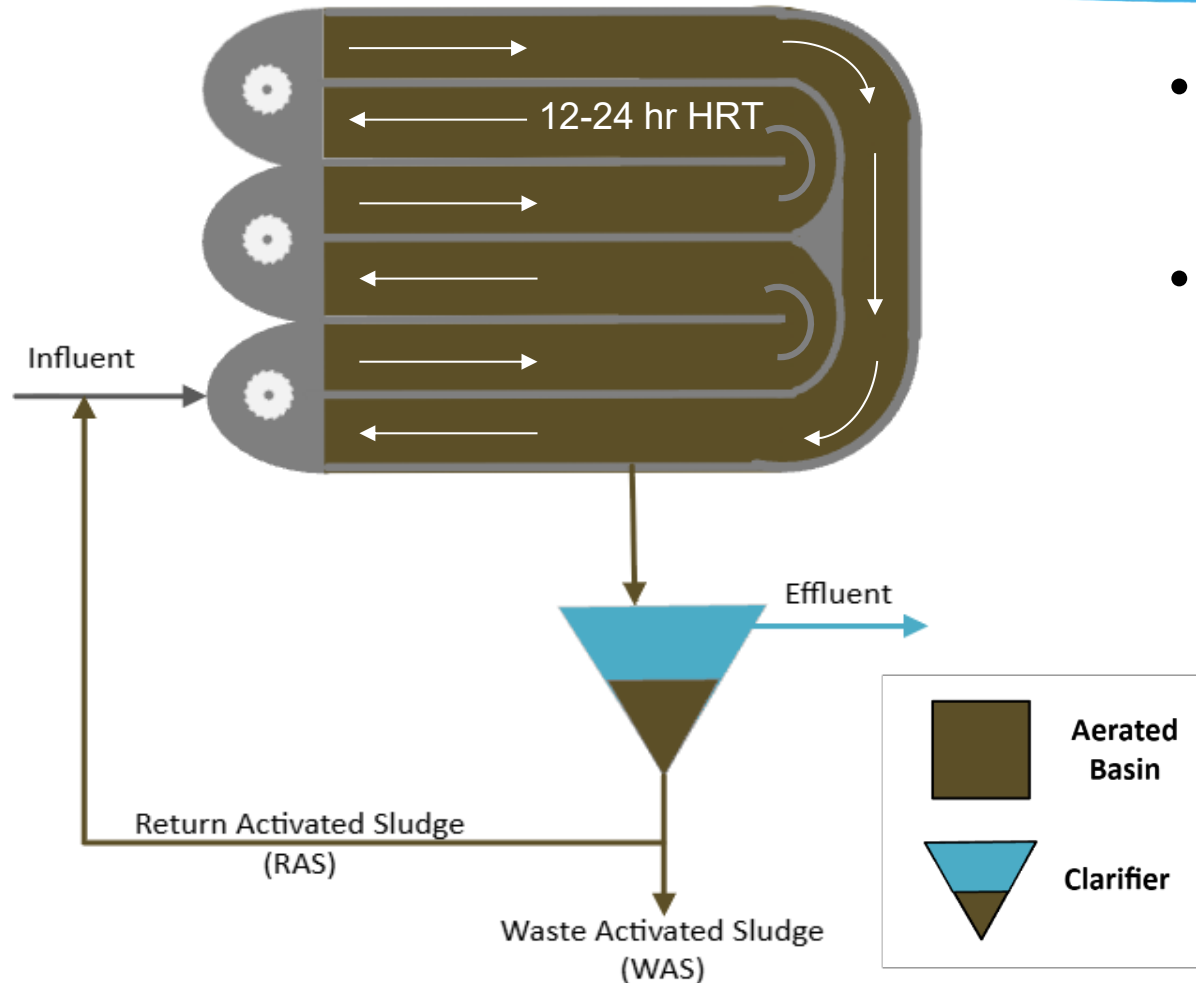
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The Early Flavors – *Vanilla & Chocolate w/Sprinkles*



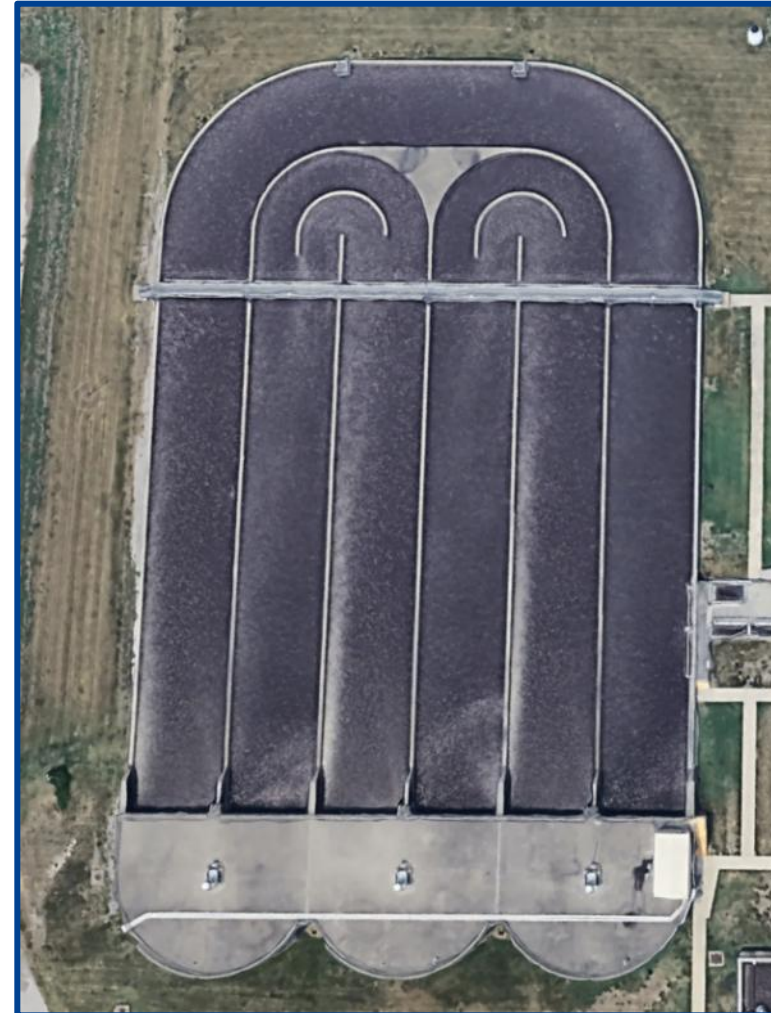
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The Early Flavors – *Vanilla & Chocolate w/Sprinkles*



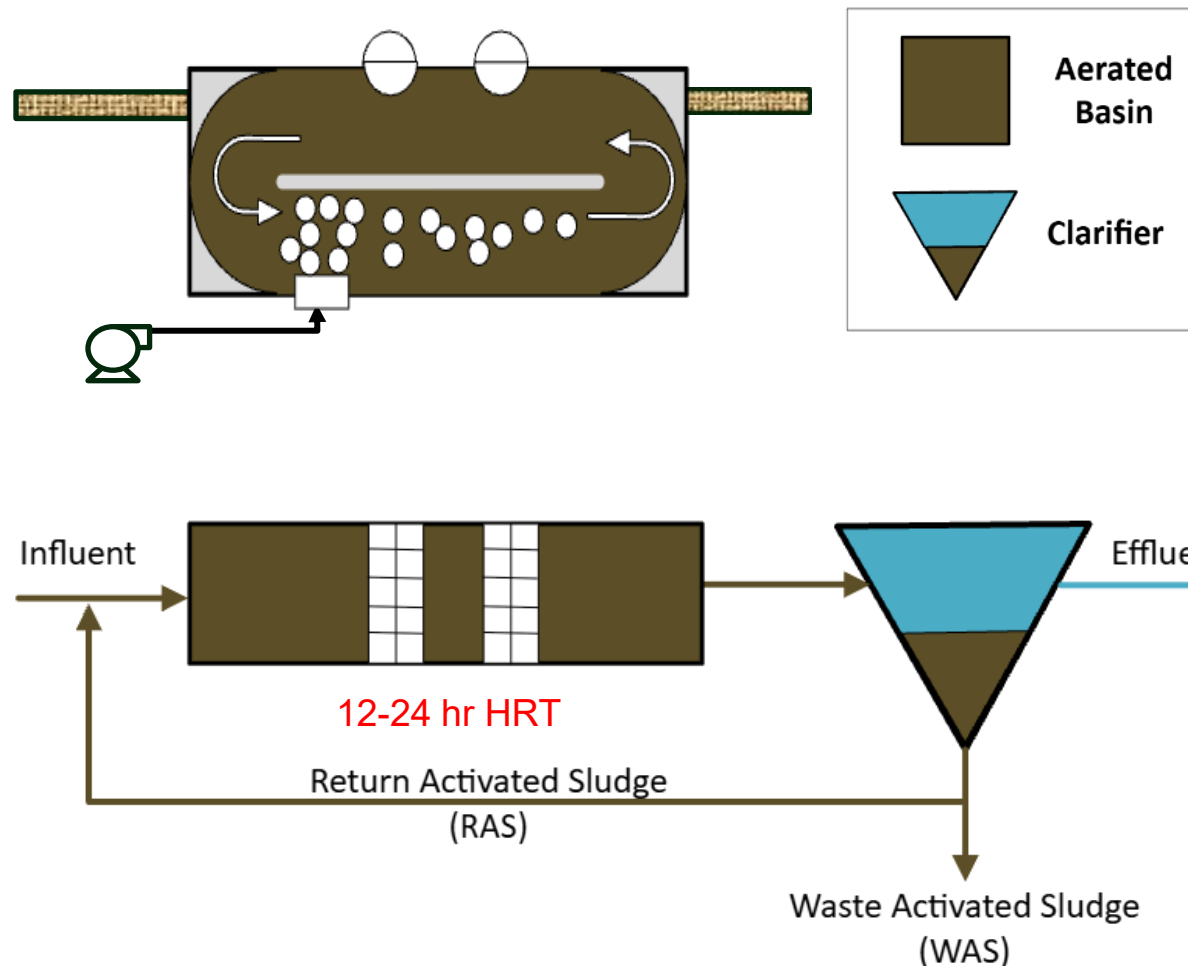
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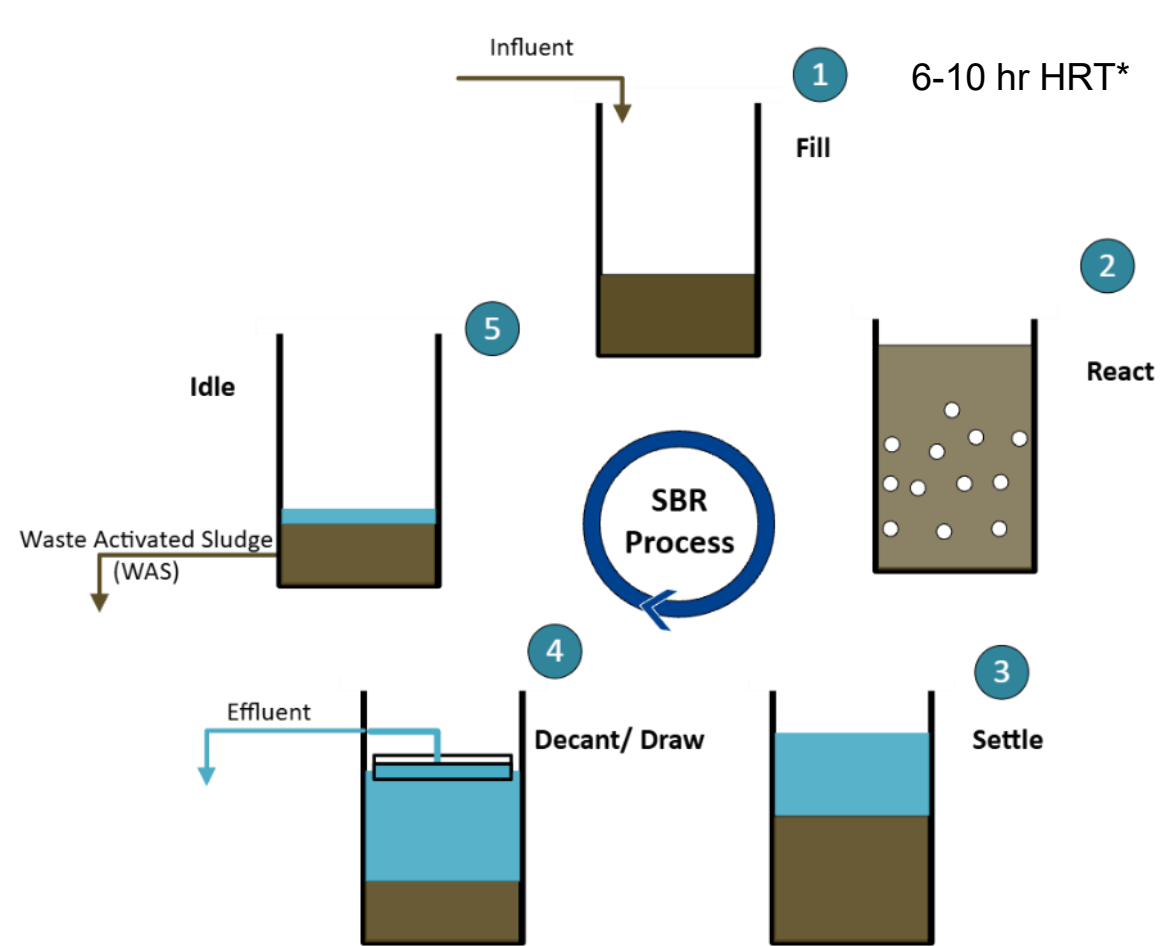
Like Baskin-Robbins...Activated Sludge Has Many Flavors

The Early Flavors – *Vanilla & Chocolate w/Sprinkles*



- Vertical Loop Reactor – Flipped Ox Ditch
 - Air supplied by rotating brushes/discs
 - Sometimes dissolved aeration
- Advantages
 - No primary clarifier
 - Smaller footprint
 - Stable process
 - Easily operated/maintained
 - Aeration can be easily controlled
 - Allows for N and possibly P removal
- Disadvantages
 - Somewhat higher energy
 - Longer sludge holding time – more air to keep active
 - Longer hydraulic retention time – more sludge to move

Later More Complex Flavors



- **Sequencing Batch Reactor (SBR)**

- Air supplied by compressors/diffusers
 - Extended retention time

- **Advantages**

- Everything in one tank – no outboard clarifier
 - Need at least two tanks
- Small footprint
- Lower construction cost – no recycle or clarifier
- Can be automated to handle varying flows
- Reduce ammonia
 - Can readily be adapted to nutrient removal – *more later*

- **Disadvantages**

- Sophisticated controls
- More automated than most plant types
 - Maintenance on automatic PLCs, switches, valves, decanters
- Need uninterrupted power

Later More Complex Flavors



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Advance Secondary A/S

- What do I mean by *advanced secondary* activated sludge?
 - Designed to achieve *secondary* treatment levels for BOD/TSS/pH
 - Secondary treatment is *technology-based* – 30 mg/L BOD and TSS, and pH = 6.0 to 9.0
 - Also designed to reduce *ammonia* – called *nitrification*
 - Again, this is a term of art with no regulatory definition like *secondary treatment*
- Ammonia is very toxic to aquatic life
 - Limits are *water quality-based*; not a fixed value like BOD or TSS
 - Limit depends on pH and temperature – more stringent as each increases
- Nitrification will occur if BOD is reduced and sufficient DO exists
 - Nitrification does not remove ammonia, it only converts it to *nitrate* (NO_3)
 - NO_3 is not toxic, but it is like candy to algae – they rapidly consume

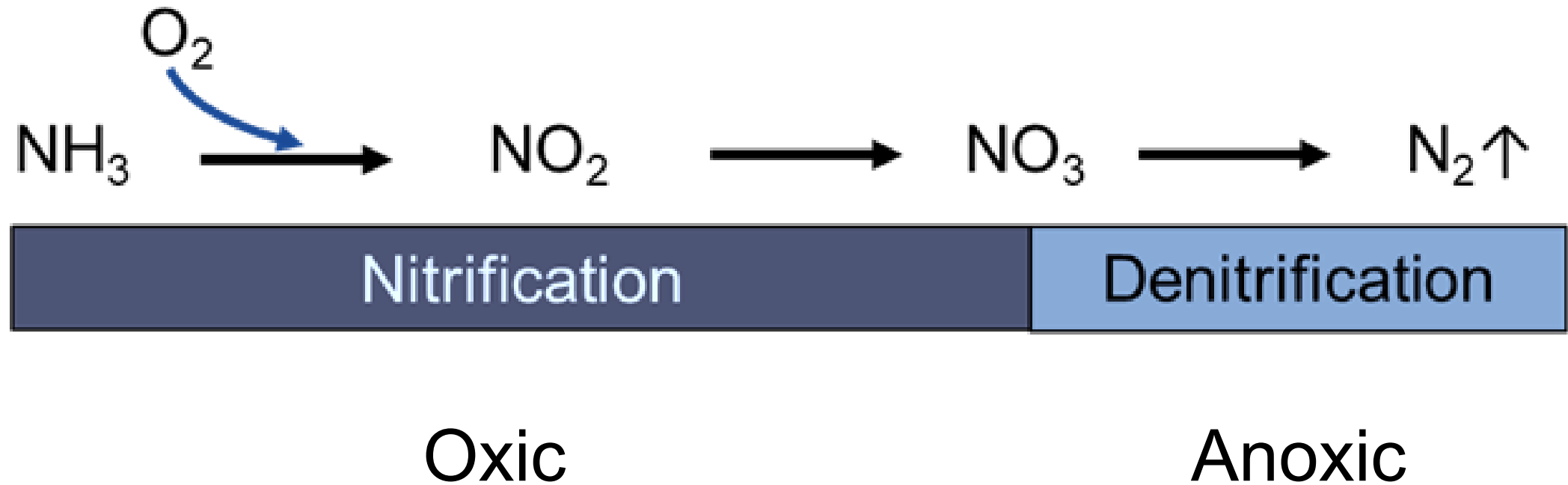
Nutrient Reduction

- In addition to organic matter (BOD) like basic activated sludge
 - Reduce total nitrogen (TN) and total phosphorus (TP)
 - $TN = \text{Total Kjeldahl Nitrogen (TKN)} + \text{Nitrate (NO}_3\text{)}$
 - $TP = \text{Soluble P (Phosphate/PO}_4\text{)} + \text{P Bound to Solids}$
- How is that done biologically?
 - For BOD we just added a bunch of oxygen
 - For nutrients we establish zones
 - Oxidic (Aerobic) – oxygen rich – oxygen supplied by mechanical means blowers/mechanical aerators
 - Soluble BOD and phosphorus uptake
 - Nitrification - convert ammonia to nitrate
 - Anoxic – low oxygen - mostly supplied by the oxygen associated with NO_3
 - Denitrification – nitrate converted to nitrogen gas
 - Anaerobic – no oxygen – often need mixing
 - Soluble BOD uptake and phosphorus release

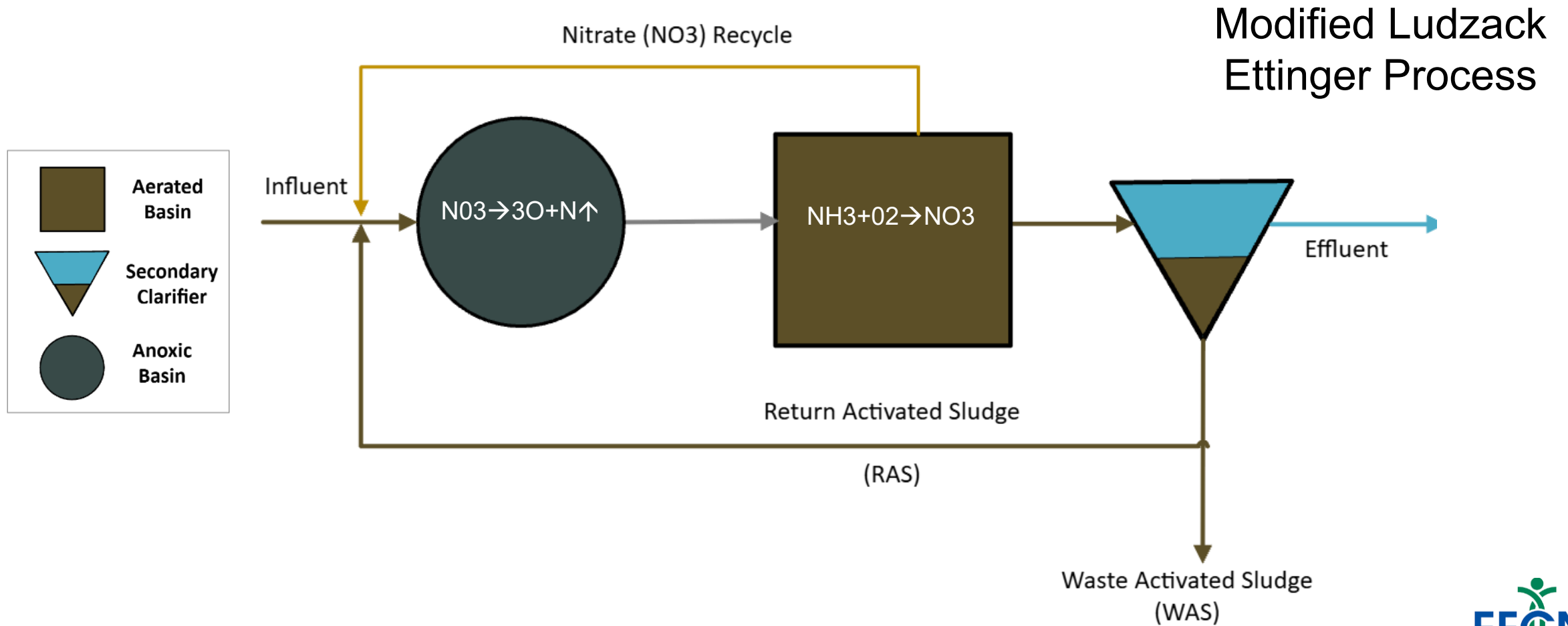
Nutrient Reduction

- Brief explanation of biological nutrient reduction - Nitrogen
 - Influent Total Nitrogen (TN) = 25 – 40 mg/L
 - Organic nitrogen (Org-N) from urea and protein and converted to ammonia (NH₃) in sewer
 - Called “ammonification”
 - At a WWTF, 20 mg/L of NH₃ is converted back to Org-N in the growth of microbial cells
 - Remainder of ammonia:
 - Discharged as NH₃ in lower oxygen/higher BOD environment – toxic to aquatic life
 - May be converted to nitrite (NH₂)/nitrate (NO₃) in oxygen-rich/lower BOD (<15 mg/L) environment
 - Called “nitrification”
 - Nitrate
 - Discharged as NO₃ if oxygen-rich environment
 - Converted to nitrogen gas (N) which goes into the atmosphere in oxygen-deficient environment
 - Called “denitrification”

Nutrient Reduction – Nitrogen



Nutrient Reduction – Nitrogen Reduction

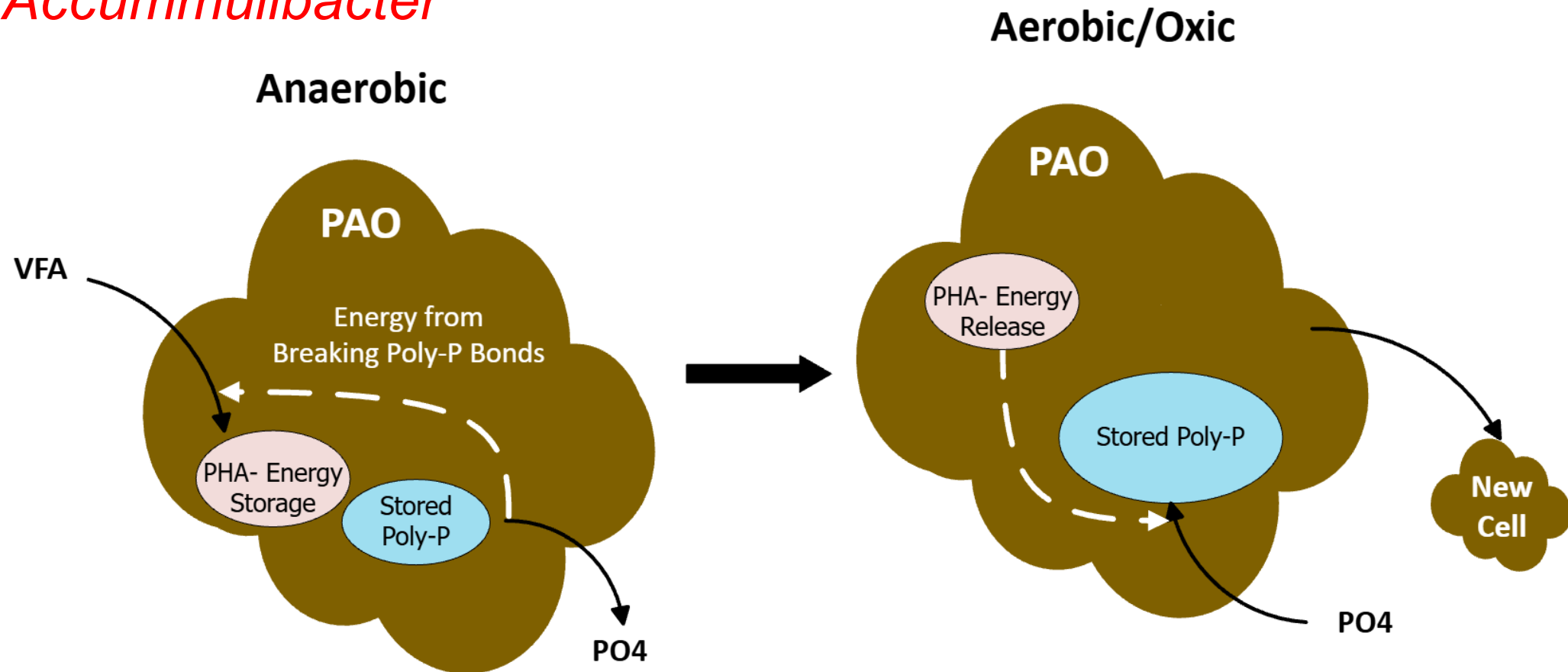


Nutrient Reduction

- Brief explanation of biological nutrient reduction - Phosphorus
 - Influent Total Phosphorus (TP) = 3 – 10⁺ mg/L
 - From human excreta, cleaning products and industrial wastes
 - At a WWTF, 1-2 mg/L of TP is taken up by microbial cell growth
 - To get out more out, we first cause soluble P to release from microorganisms
 - Then we take up the released P plus more P – sometimes referred to as *luxury uptake*
 - Volatile Fatty Acids (VFAs) created in anaerobic/septic conditions
 - P-Accumulating Organisms (PAOs) store energy eating VFAs in anaerobic conditions
 - Energized PAOs multiply and concentrate P in their cells under aerobic conditions
 - Phosphorus is removed as sludge is wasted from the process
 - Not like N which is released to the atmosphere as a gas

Nutrient Reduction – Phosphorus

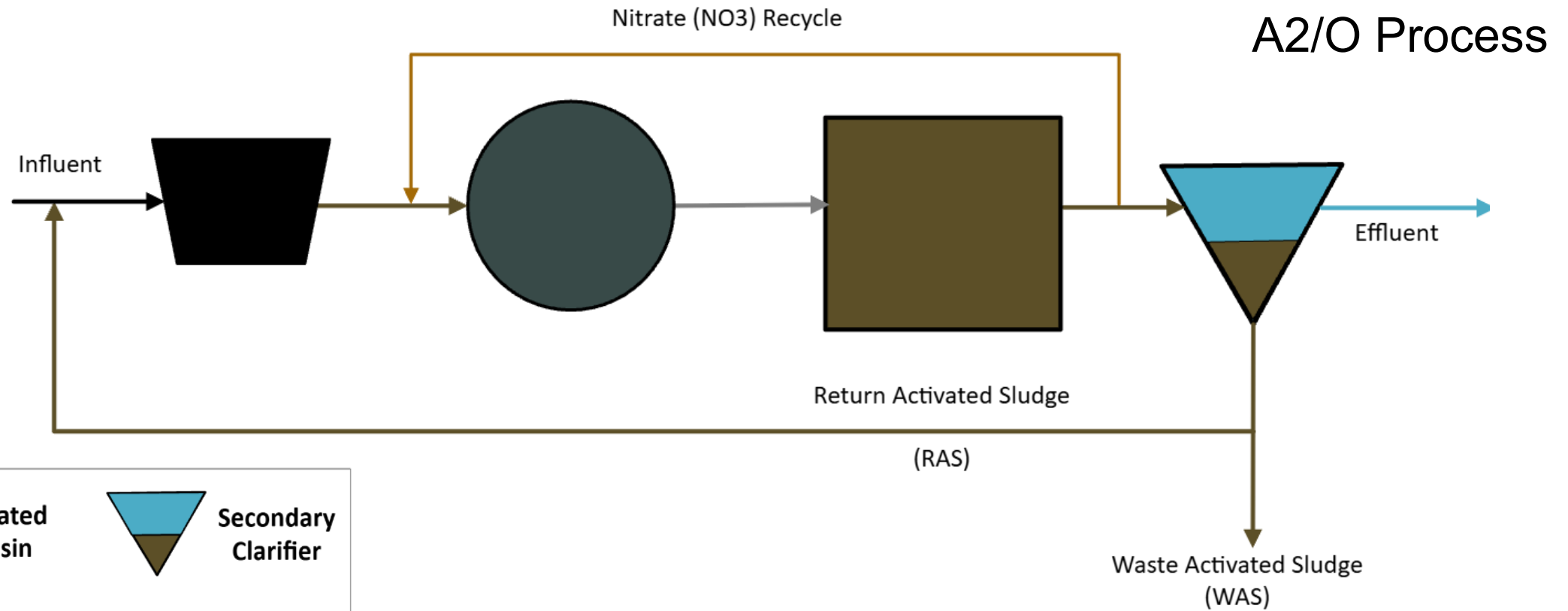
Accumulibacter



Nutrient Reduction

- Brief explanation of biological nutrient reduction - Phosphorus
 - Another more recent finding is that *Tetrasphaera* bacteria are super P-accumulators
 - They also take up the released P plus more P in greater amounts – *luxury uptake*
 - Volatile Fatty Acids (VFAs) are not needed
 - They use organic matter in waste and can ferment
 - Also use stored Poly-P for energy in anaerobic conditions
 - *Tetrasphaera* multiply and concentrate P in their cells under aerobic conditions
 - Phosphorus is removed as sludge is wasted from the process
 - Not like N which is released to the atmosphere as a gas
 - To promote *Tetrasphaera*, we need to
 - Design longer sludge holding times
 - Control pH better
 - Control anaerobic zone better—absolutely no O₂ or NO₃ to create deeper anaerobic zone

Nutrient Reduction – Nitrogen/Phosphorus



**Aerated
Basin**



**Secondary
Clarifier**



**Anoxic
Basin**

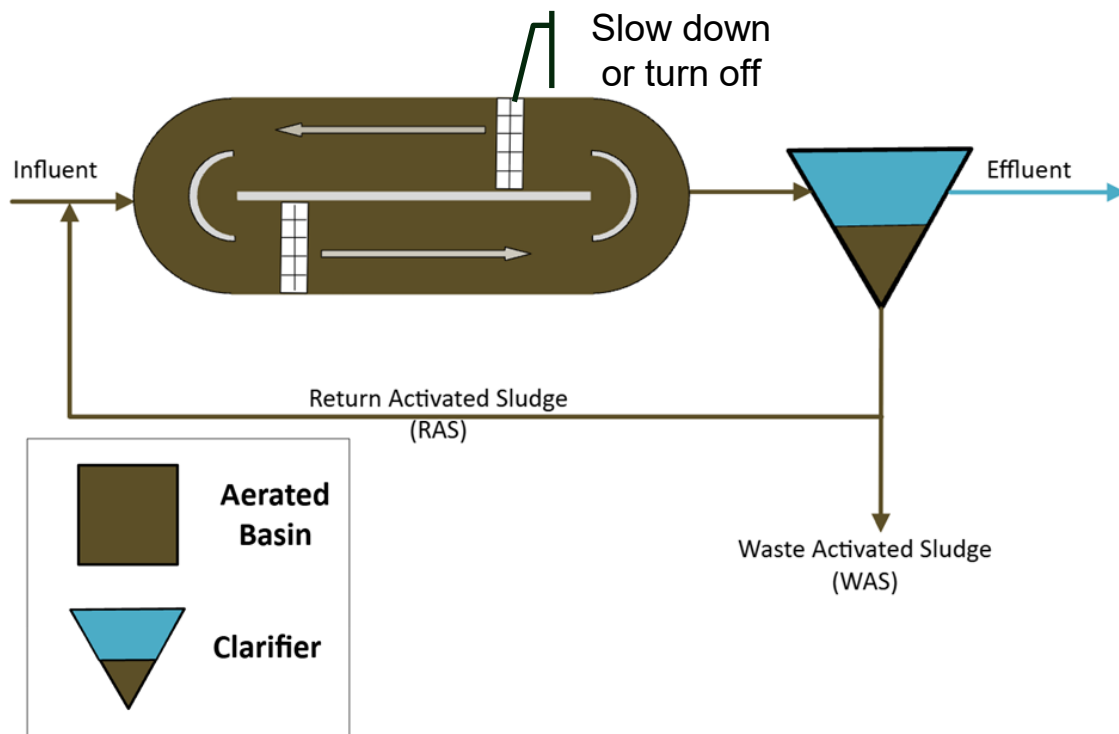


**Anaerobic
Basin**

Nutrient Reduction – Chemical Phosphorus

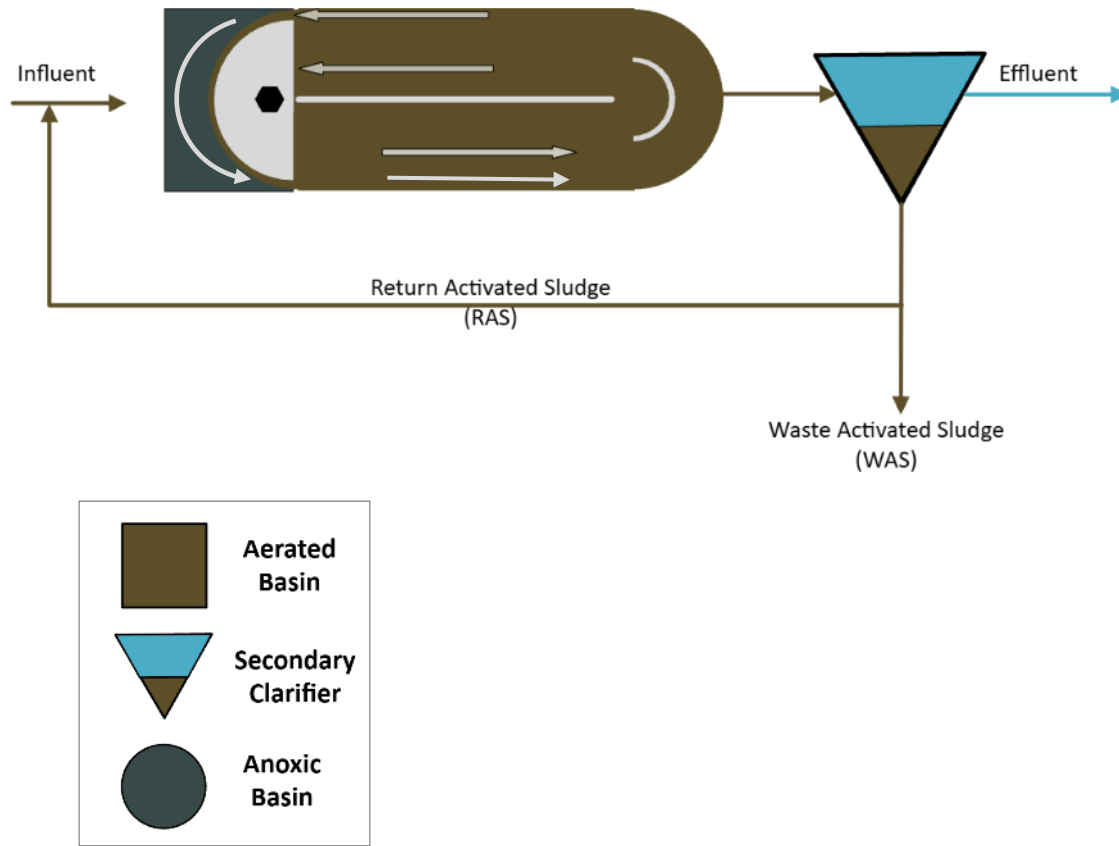
- Brief explanation of *chemical* nutrient reduction - Phosphorus
 - TP can also be removed chemically using metal salts
 - Ferric sulfate
 - Ferrous sulfate
 - Ferric chloride
 - Ferrous chloride
 - Aluminum sulfate (Alum)
 - Chemicals cause P to bind to microorganisms/sludge
 - Pros – easy and relatively cheap to install chemical feeder system – low capital cost
 - Cons
 - More expensive operationally than biological reduction – high operating cost
 - Chemicals are expensive and an ongoing cost
 - Chemicals tend to produce more waste sludge, thus higher sludge handling costs

Nutrient Reduction - Nitrogen



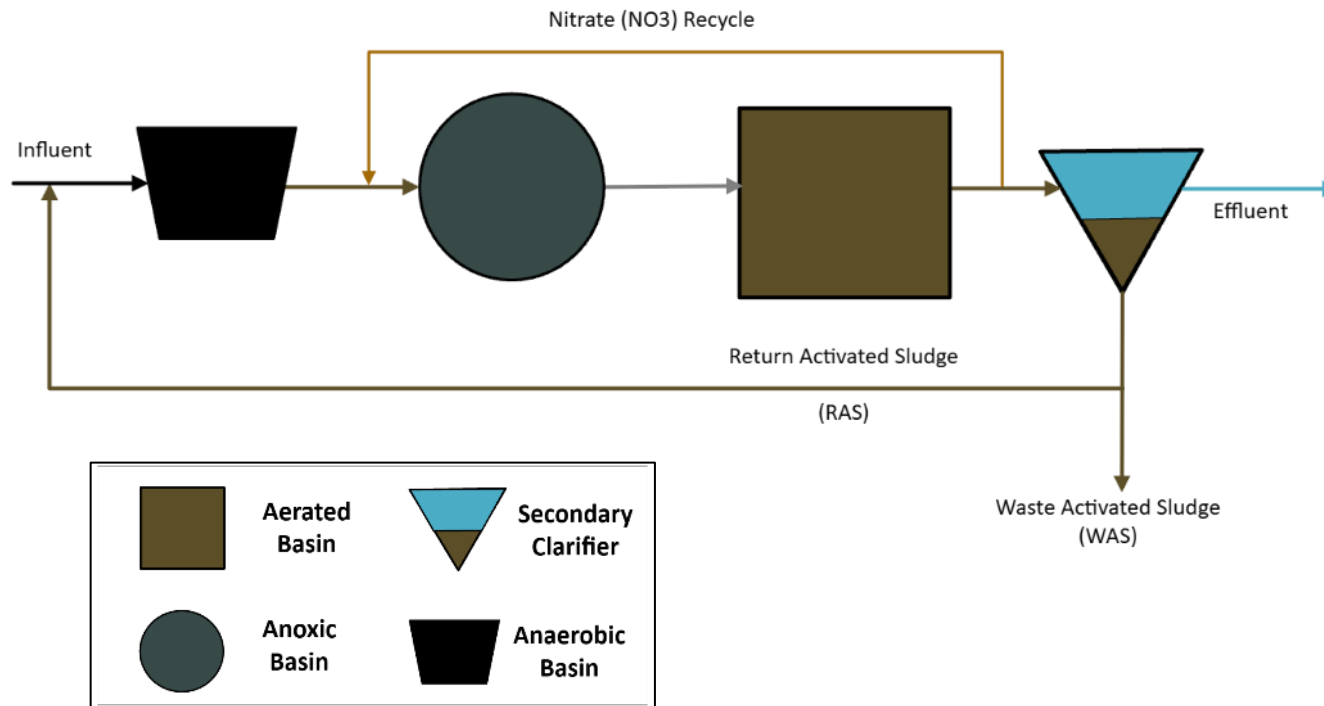
- **Modified MLE Process** – kind of
 - Can also be in an oxidation ditch configuration
 - Air supplied by rotating brushes/discs
 - BOD and TN
- **Advantages**
 - Simultaneous Nitrification/Denitrification (SND)
 - Reduce ammonia and nitrate
- **Disadvantages**
 - Little phosphorus reduction
 - With single aerator, can be a challenge to operate

Nutrient Reduction - Nitrogen



- **Modified Ludzack Ettinger Process** – kind of
 - Can also be in an oxidation ditch configuration
 - Air supplied by rotating brushes/discs
 - BOD and TN
- **Advantages**
 - Simultaneous Nitrification/Denitrification (SND)
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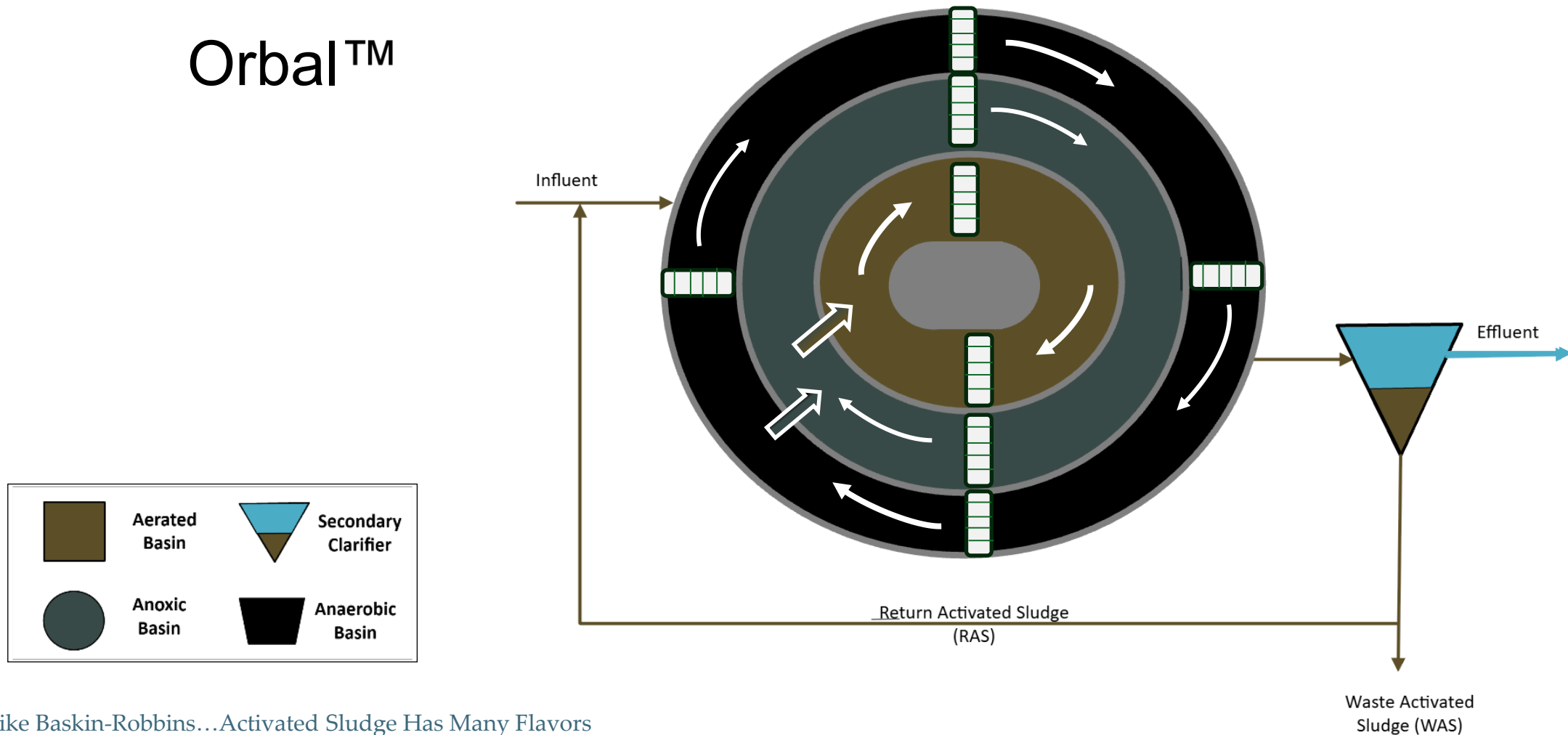
Nutrient Reduction – Nitrogen/Phosphorus



- A2/O (Anaerobic/Anoxic/Oxic)
 - Air supplied by compressors/diffusers
 - Extended retention time
- Advantages
 - Simpler design/easy to understand
- Disadvantages
 - Nitrate carryover to anaerobic zone
 - Higher energy costs
 - High-rate nitrate return
 - High-rate sludge return
 - Cost of multiple tanks

Nutrient Reduction – Nitrogen/Phosphorus

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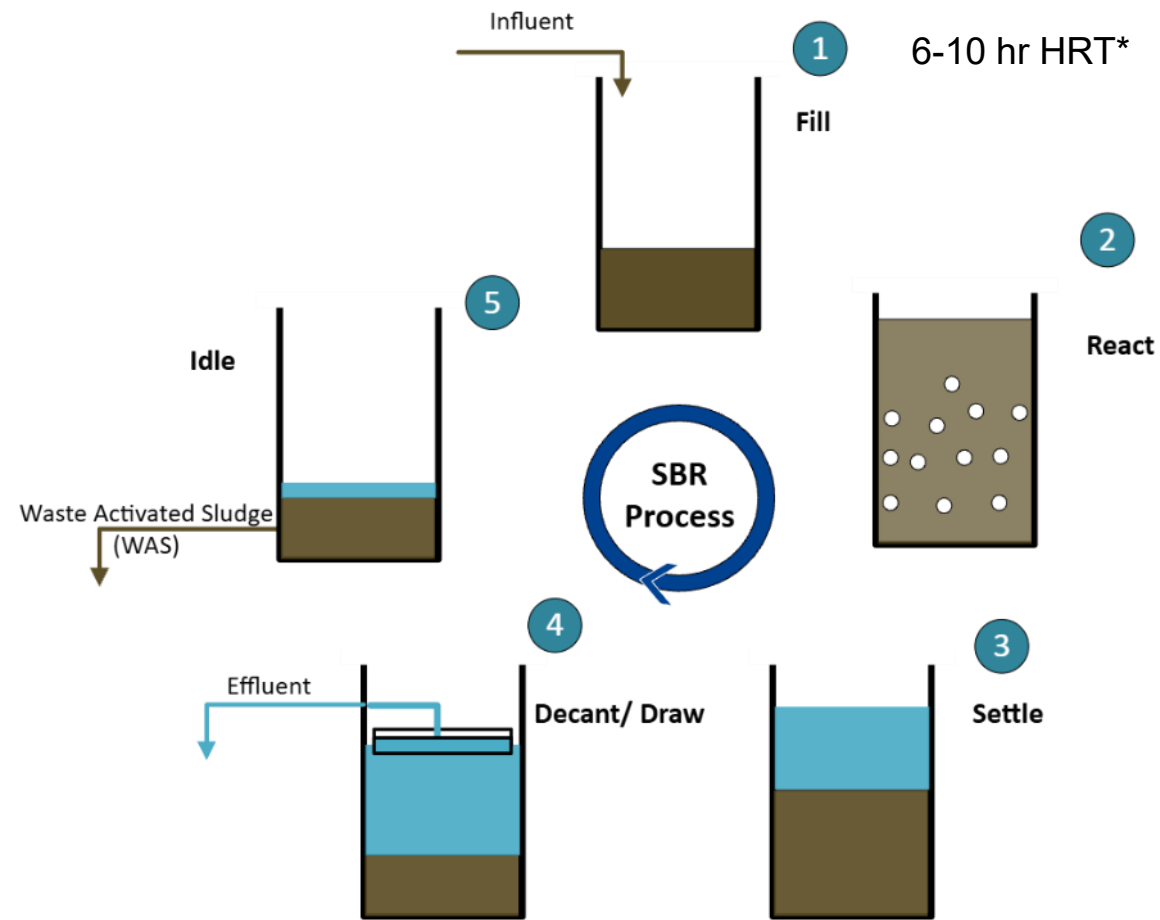
Nutrient Reduction – Nitrogen/Phosphorus

Orbal™



Like Baskin-Robbins...Activated Sludge Has Many Flavors

Nutrient Reduction – Nitrogen/Phosphorus



- **SBR**

- Air supplied by compressors/diffusers
 - Extended retention time

- **Advantages**

- Everything in one tank – no outboard clarifier
- Small footprint
- Lower construction cost – no recycle or clarifier
- Fill, settle, decant and idle provide no air
 - By changing timing w/o air, can create anoxic and anaerobic zones
 - Voila – nutrient reduction!

- **Disadvantages**

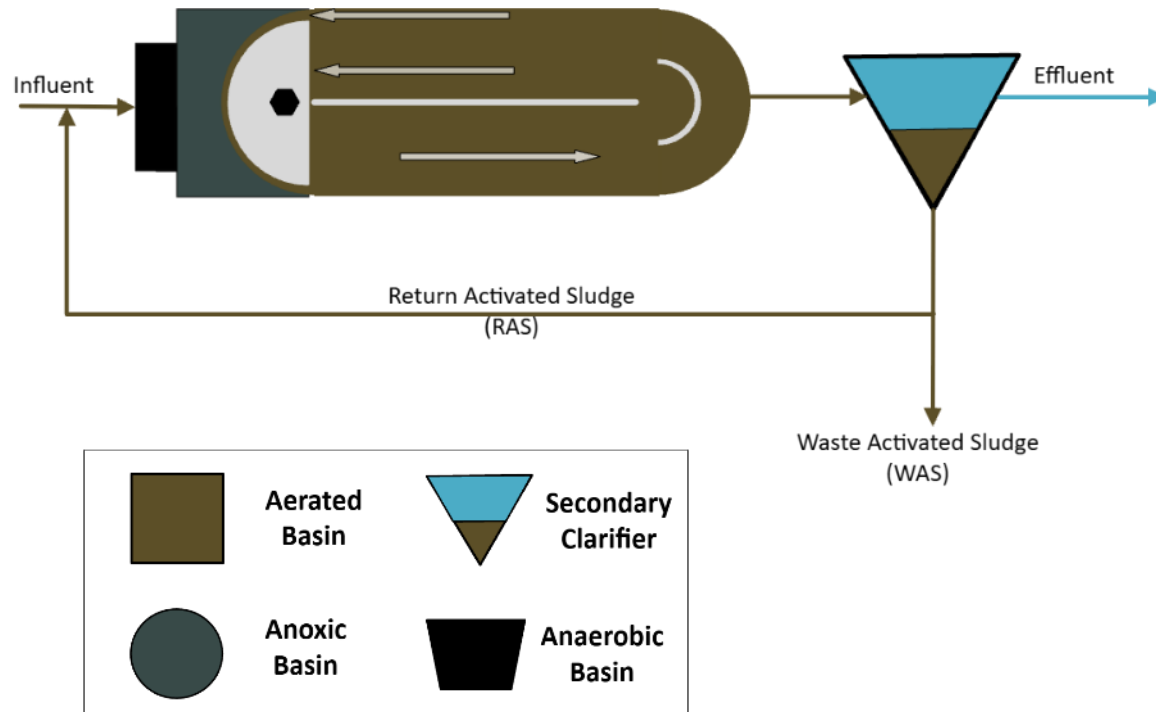
- Less optimal anoxic and anaerobic basin configuration
- More automated than most plant types
 - Maintenance on automatic PLCs, switches, valves, decanters
- Sophisticated controls
- Need uninterrupted power

Nutrient Reduction – Nitrogen/Phosphorus



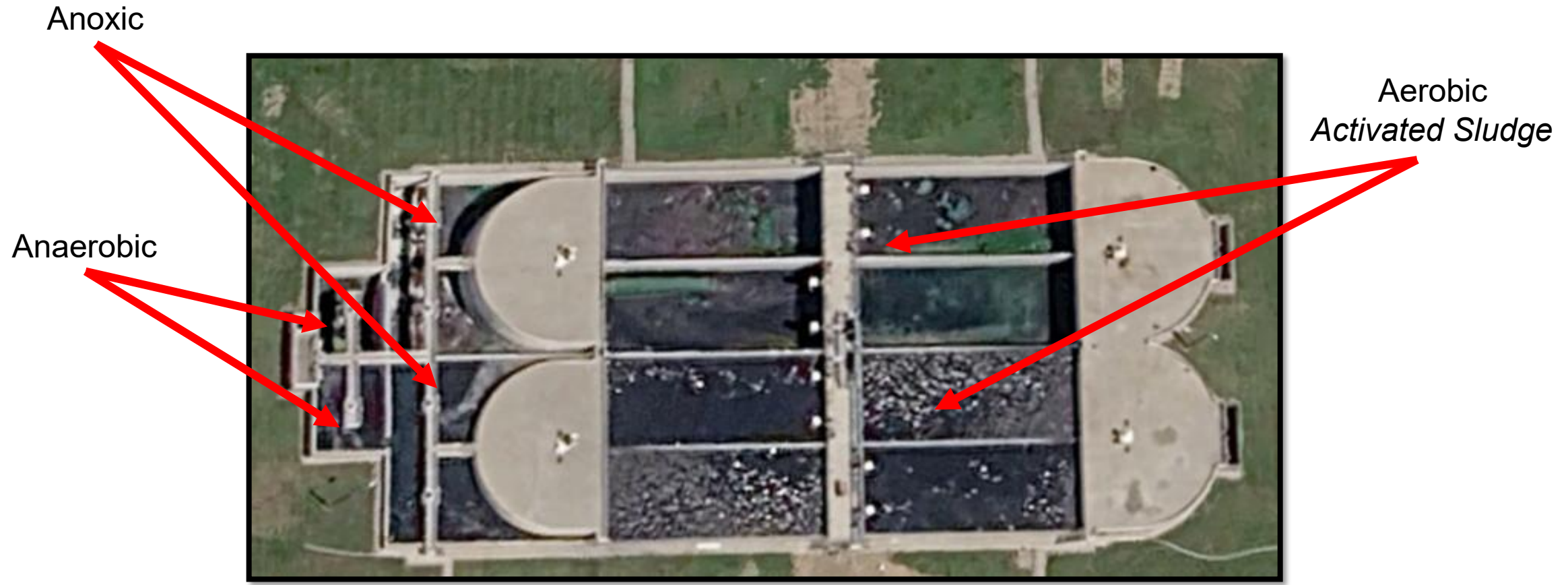
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Nutrient Reduction – Nitrogen/Phosphorus

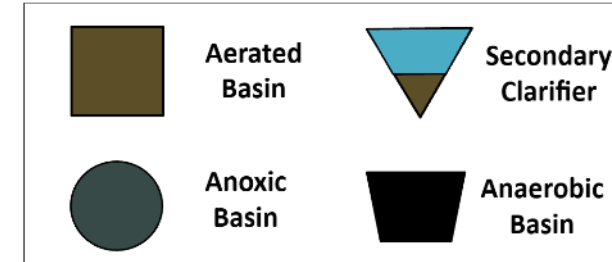
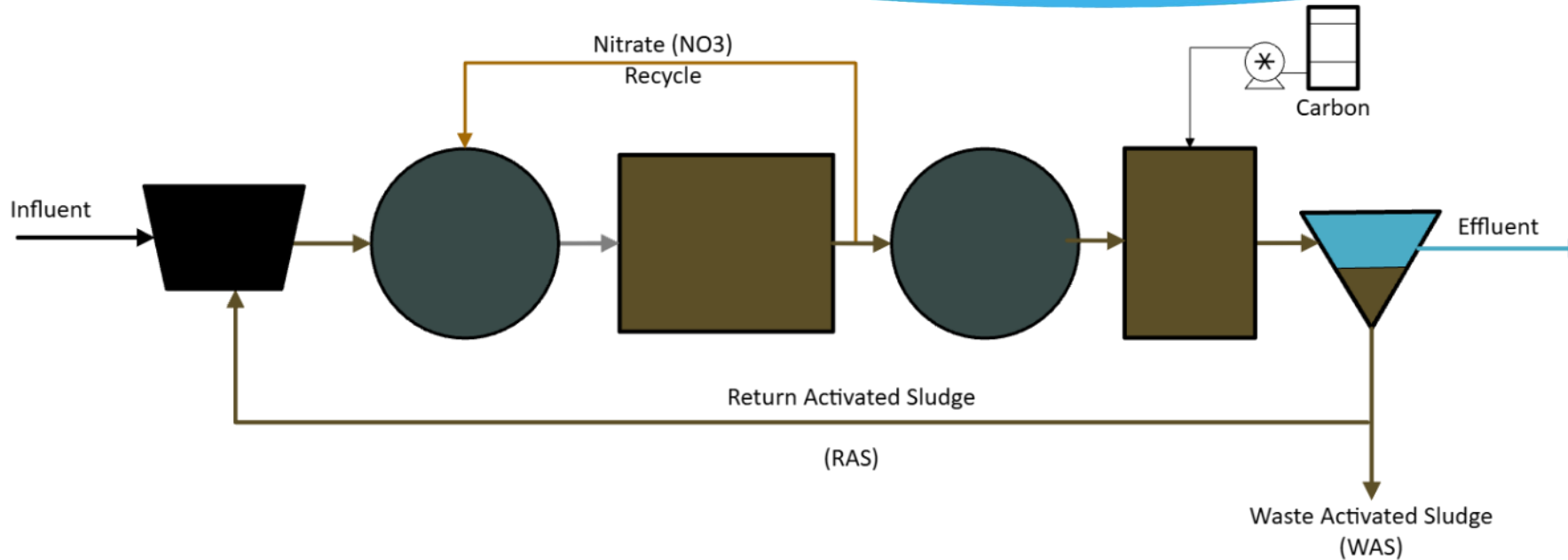


- Modified A2/O Process – kind of
 - Can also be in an oxidation ditch configuration
 - Air supplied by rotating brushes/discs
 - BOD and TN
- Advantages
 - Simultaneous Nitrification/Denitrification (SND)
 - Reduce ammonia and nitrate
 - Phosphorus reduction
- Disadvantages
 - Some limitation on degree of N/P reduction

Nutrient Reduction – Nitrogen/Phosphorus



Nutrient Reduction – Nitrogen/Phosphorus



- 5-stage Bardenpho

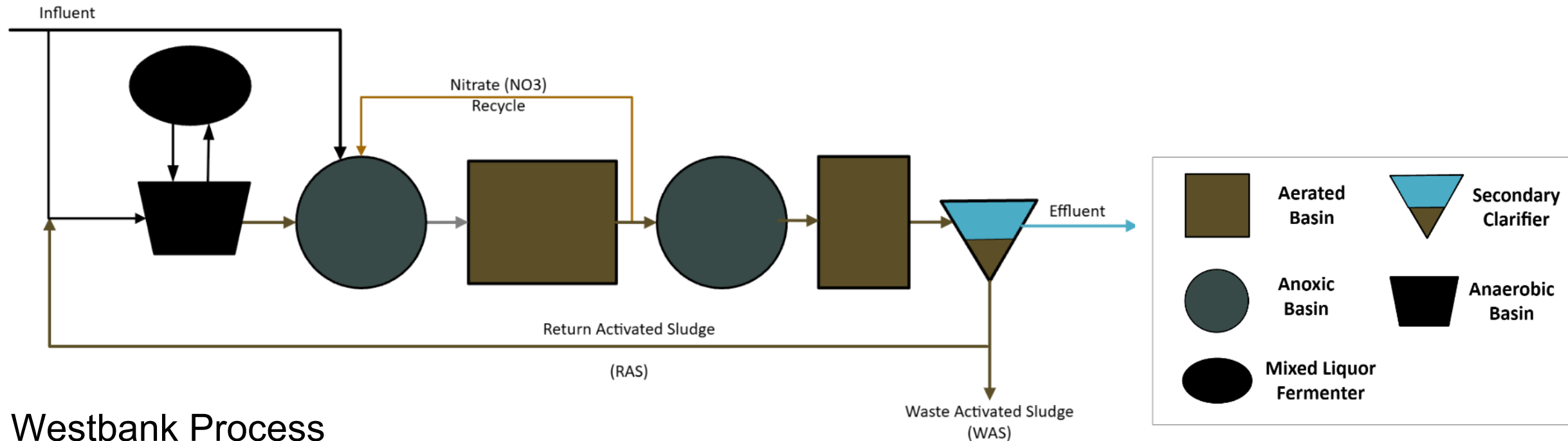
- Advantages

- Low level BNR N and P in effluent

- Disadvantages

- Multiple basins – high capital cost
 - Multiple stages – more complex operation
 - Carbon addition - cost

Nutrient Reduction – Nitrogen/Phosphorus



- Westbank Process

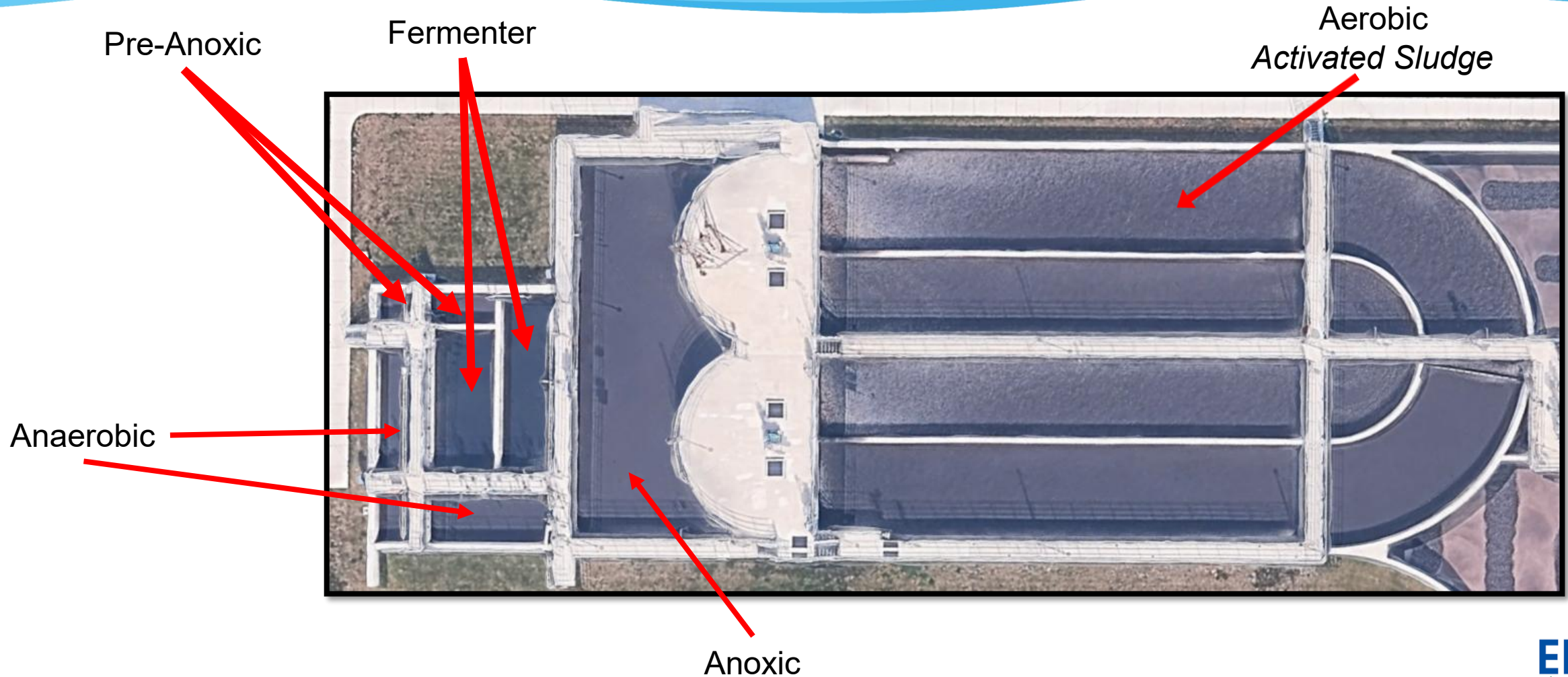
- Advantages

- Low level BNR N effluent
 - Lower level BNR P in effluent due to fermenter
 - Fermenters referred to as a *sidestream* process

- Disadvantages

- Multiple basins – high capital cost
 - Multiple stages – more complex operation

Nutrient Reduction – Nitrogen/Phosphorus



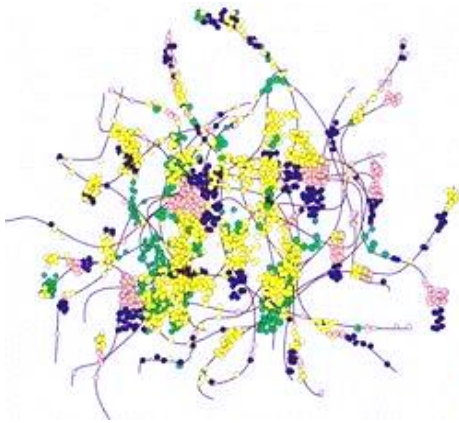
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Nutrient Reduction – N&P – The Latest

- Aerated Granular Sludge (AGS)/Densified Activated Sludge (DAS)
 - *Intensification* of treatment
 - Still have aeration and mixing, but control the *bug* characteristics
 - Each forms granules that have:
 - Aerobic microorganisms
 - Anoxic microorganisms
 - Anaerobic microorganisms
 - Promote granules by
 - Feast/famine feeding of wastewater
 - Selectively wasting less dense floccular sludge
 - High shear
 - Can run at higher concentration of sludge
 - Higher levels and volume of treatment in the same footprint
 - Lower capital and energy costs
- “Glued” together by Extracellular Polymeric Substances (EPS)
- Polysaccharides
 - Proteins

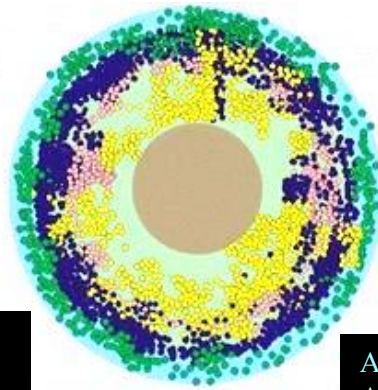
Nutrient Reduction – N&P – The Latest

- Aerated Granular Sludge (AGS)
 - SBR-type operations
 - Mostly proprietary processes
 - More complex operation
 - Great settling sludge/TN and TP
- Densified Activated Sludge (DAS)
 - Forms smaller granules and flocs
 - Promote granules
 - Selectively waste flocs
 - Surface wasting
 - Hydrocyclone
 - Can retrofit some existing AS plants
 - Again, more complex operation
 - Good settling sludge/TN and TP



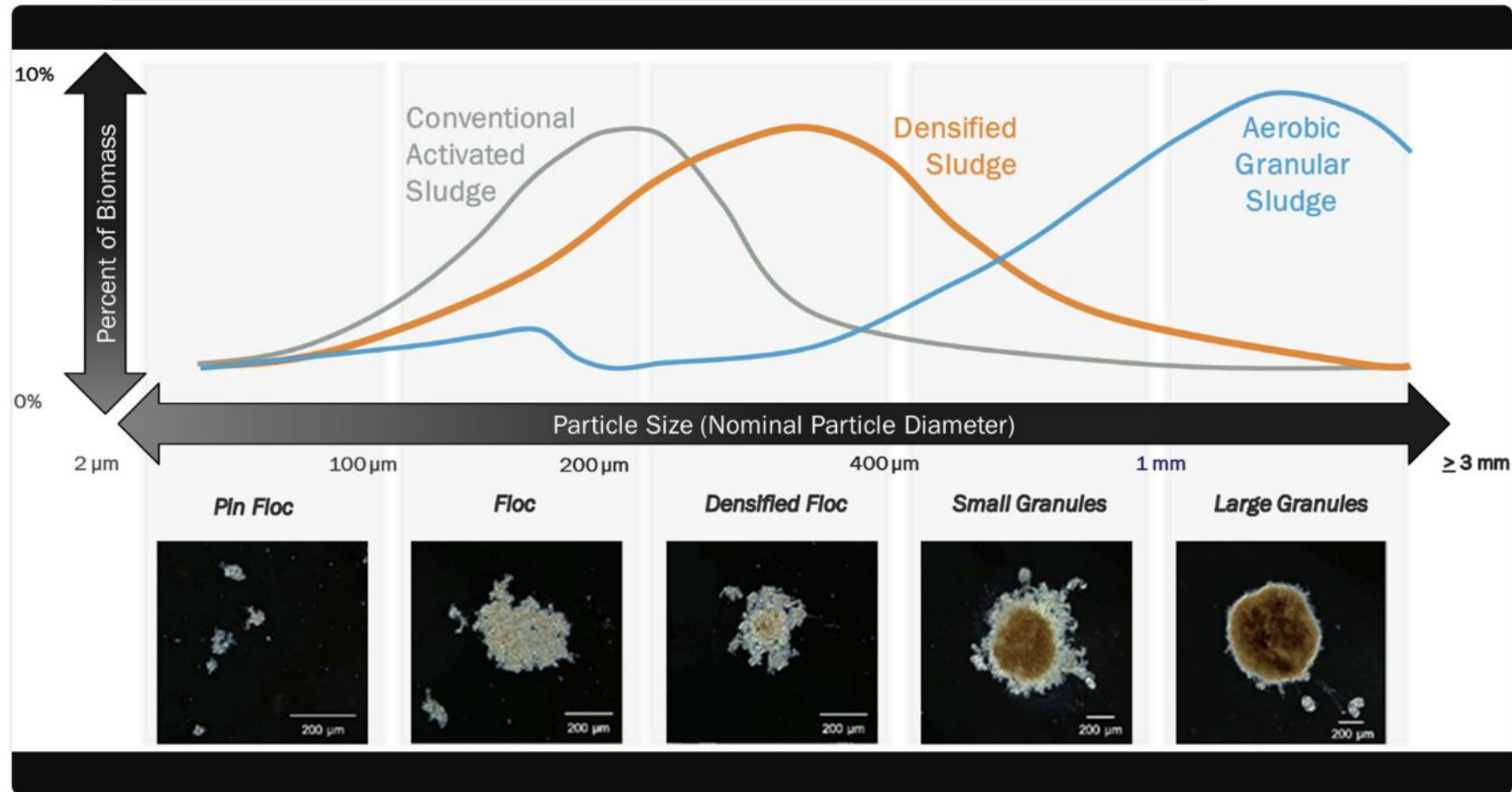
PAO
Denitrifiers
Nitrifiers
GAOs

Winkler, et al., 2012



Aerobic
Anoxic
Anaerobic

Nutrient Reduction – N&P – The Latest



Bauhs, et al., 2024

Nutrient Reduction – N&P – The Latest

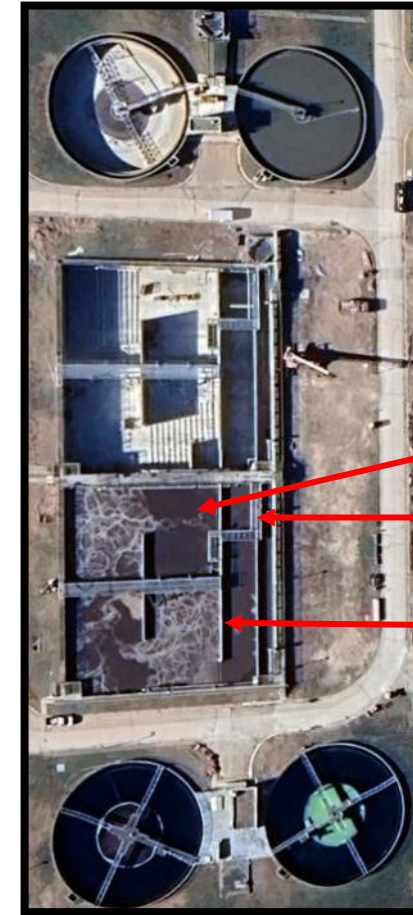
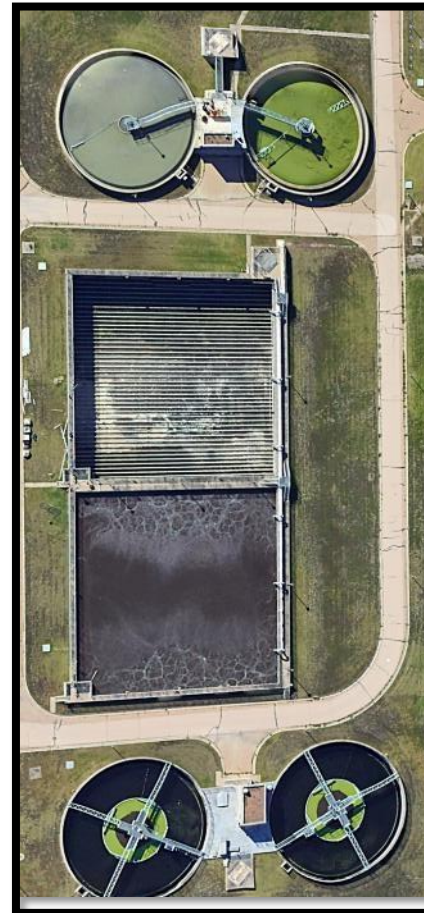
Treatment Type	MLSS (mg/L)	Energy	Footprint
Conventional A/S	3,000	1.00	1.00
Densified Activated Sludge	5,000	20% Less	25-30% Less
Aerobic Granular Sludge	8,000	25-30% Less	25-30% Less

Nutrient Reduction – N&P – The Latest

Aerated Granular Sludge (AGS)



Densified Activated Sludge (DAS)



Surface Waste

High F:M - Feast

Anaerobic

Questions/Comments!



**Hot funk, cool punk, even if
it's old junk it's still rock
and roll to me**

-Billy Joel – It's Still Rock and Roll To Me

**BNR, MBR even if it's SBR
it's still activated sludge to
me**

-Mike Tate

Thank You!

Mike Tate, PE

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